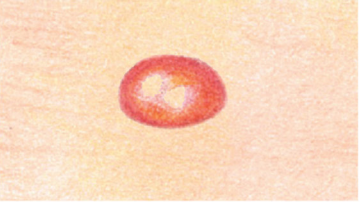

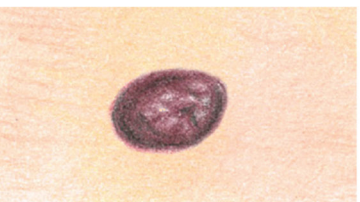

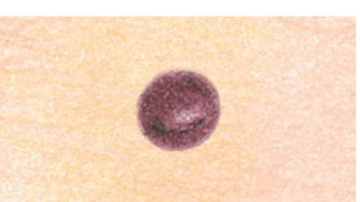
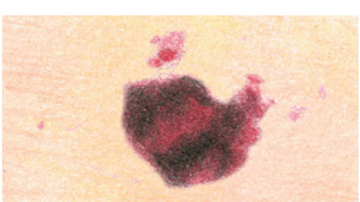

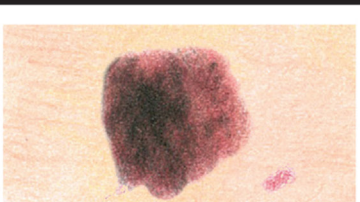




ABCDE RULE: HOW TO DETECT A MELANOMA

ABCDE Rule	Benign tumors	Melanomas
<p>A Asymmetry</p>	 <p>Symmetric (both halves are the same)</p>	 <p>Asymmetric (one half is different from the other half)</p>
<p>B Border</p>	 <p>Clear-cut, distinct border</p>	 <p>Irregular border (has notches, is uneven or is blurred)</p>
<p>C Color</p>	 <p>Uniform light or dark color</p>	 <p>Uneven (shades of brown, tan and black)</p>
<p>D Diameter</p>	 <p>Less than 6 mm (usually)</p>	 <p>More than 6 mm (about a quarter of an inch)</p>
<p>E Evolving</p>	 <p>No change over time</p>	 <p>Change in size, shape, surface, shades of color, or symptoms</p>